### **Preparedness: The Path to Safety**



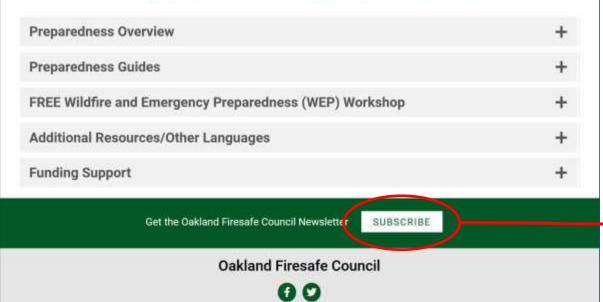
Wildfire and Emergency Preparedness (WEP) Workshop

### Firesafe Council Preparedness Offerings

#### oaklandfiresafecouncil.org/prepare



#### Preparedness Education and Materials





#### SPRING INTO FIRESCAPING



Springtime is here (despite how the weather may feel) and it's the perfect time to present the latest addition to the OFSC program lineup: Firescaping! The primary goal of our new program is to promote and raise awareness (to both residents and professionals) around fire-smart landscaping and maintenance practices.

Visit our **Firescaping** program page for an introductory overview, at-a-glance reference guides, suggestions for more in-depth resources and more.

#### Firesafe Council Wildfire Safety Programs

#### oaklandfiresafecouncil.org/programs

НОМЕ	ABOUT US	PREPARE	PROGRAMS	RESOURCES	EVENTS	DONATE
		Wildfir	e Safety P	rograms		
Firowise II	SA® for Oaklan	d				+
		u				
Firescaping	)					+
Red Flag W	/arnings – Be R	eady!				+
Don't Give I	Embers a Chan	ce				+
Wildfire Monitoring and Reporting						+
Park Like Your Life Depends On It						+
Adopt-A-Hydrant						+
GMRS 2-Way Radio Emergency Network (GENOAK)						+
OFSC "Savvy" Town Halls						+

### WEP Workshop

#### **Covers most important steps to take:**

- 1) Receive alerts and notifications
- 2) Make a family emergency plan
- 3) Be ready for an evacuation
- 4) Build Go-Bags/Stay-Box
- 5) Be able to help family and community

#### Plus wildfire safety actions:

- Home hardening, ember protection
- ✓ Firewise USA<sup>®</sup>, Firescaping
- Red Flag Warnings, power outages, smoke

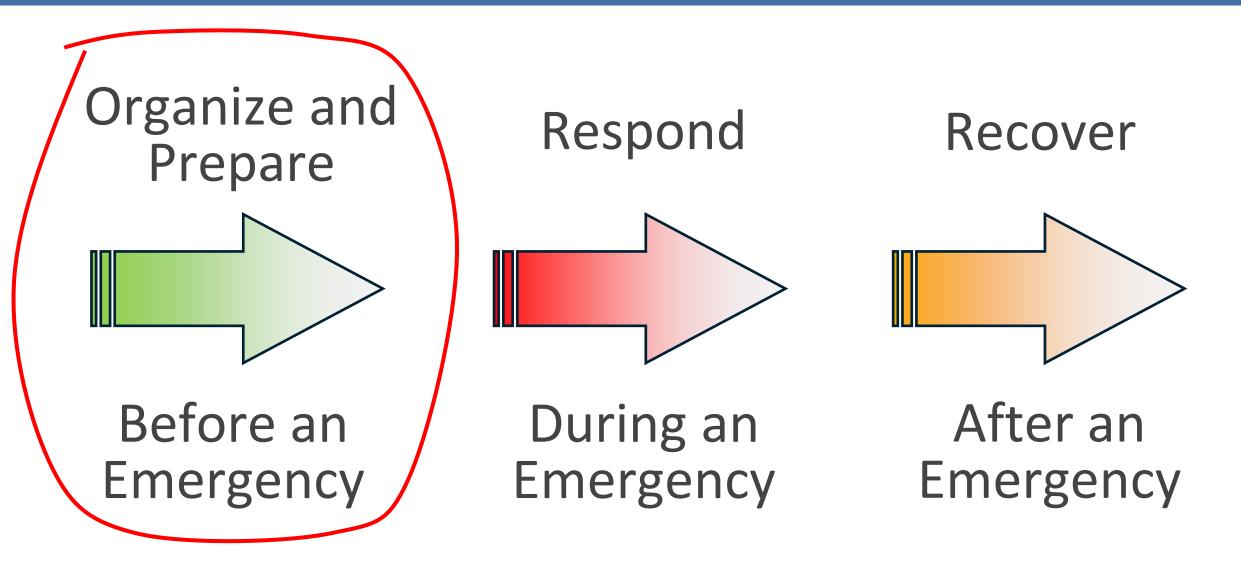
Dakland Firesafe Council NOTIFICATIONS AND WARN	Suide #02		
Sign up for AC Alerts and heed all warnings and	and the second second second		
AC Alert is the primary emergency alert system for Alameda County. Alerts can also be specific to Oslitard. Be sure to sign up for automotic AC Alerts to your home phone (voice), cel phone (voice/text) and/or enail at: www.acgov.org/emergencysite	Tune a portable (or your vehicle's) AN(7H radio to KCBS 740 AM (our Emergency Alert System station), KGD 810 AM or KQED 88.5 FM for emergency momention. A NDAA weather radio for hazer alerts is good to		
Nixde is a similar warning system in use: www.nixde.com In an emergency, a brief Wireless Emergency Alert (WEA) text message with immediate, life-saving information may automitically be sent to call phones in the affected area.	have on-hand. And monitor local television stations such as KTVU 2, KRON 4, KPIX 5 and KGD 7.		
EMERGENCY SIRENS	- V TWITTER -		
The 27 sirens surrounding Oakland will all sound during a major emergency. There are 3 tones:	Follow these agencies AC Alert: @AlamedaCoAlert Oakland Fire Dept:		
"STEADY" tone: you should shelter in place and monitor the various alerts noted here.	d BOeklandhinstve Ookland Police Dept: BOoklandhisocch Alameda County Fire: BAlameda County CAL END: BCAL END:		
SLOW WAIL* tone (also the 1st Wednesday of the month test tone). Burearin warming: monitor alerts and if you are along the coast or Say. consider moving to higher ground.			
*FAST WAIL* tone: there is a major fire; monitor alerts and be prepared to evacuate.			
ZONCE Genacys Protect (Zonchaven) is an emerger ZONCE for that provides evenuation information and a protect genacys.com and refer to: Guide #2:	ecard stetus. Know Your Zone from		
	PPLICATIONS		
The NextBloor application can be a good source for energy phone application for provid sourced alerts. MyShake and phone apps that provide earthquake information, and Watch	Tremblor are examples of smart		
However, for some time period after a major disaster, cell may not work as infrestructure can be damaged, power last or 2-way radio network was created as an alternate means for con	the system overloaded. The GENOAN		
No one alert system is guaranteed to work in an emergen	cy - know how to access multiple aler		

All information is on our website: oaklandfiresafecouncil.org

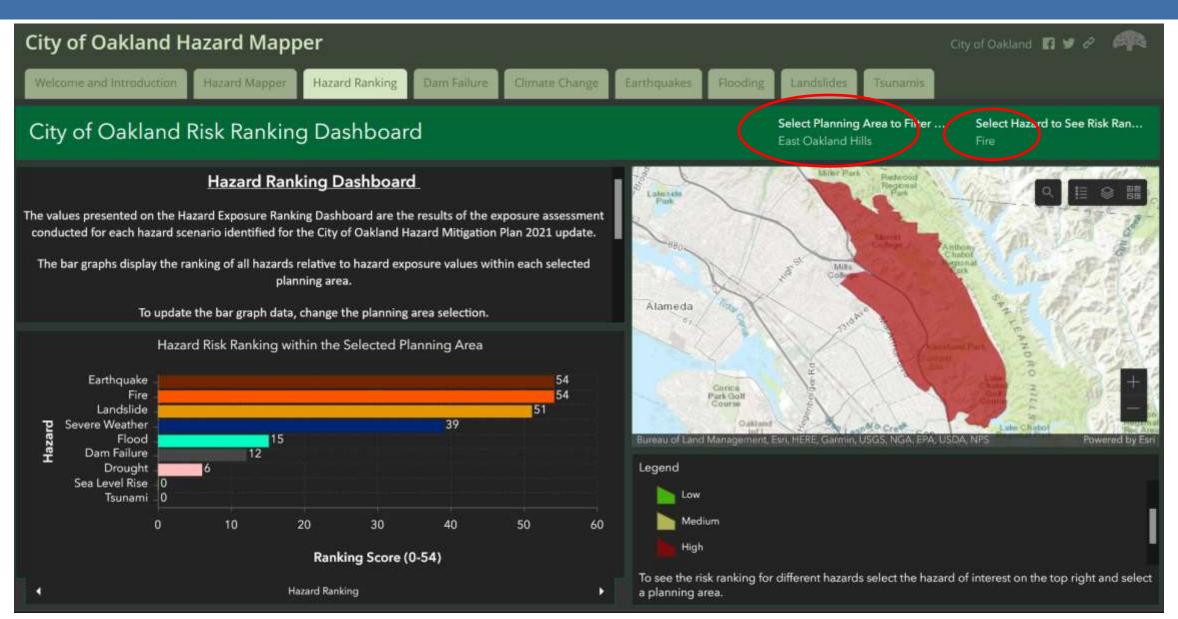
# Workshop Focus

- Why we need to prepare
- How to prepare (5 most important steps)
- Wildfire safety
- How to respond
- $\checkmark$  How to recover
- Actions to take

#### **Process Flow**



#### Oakland Hazard Map (25Y)



7

We Respond First\*

#### "We are the help until help arrives"

\* However, most of us are **not** First Responder professionals! We need to be able to care for ourselves, our families and our neighbors for several days, as first responders will likely be engaged elsewhere.

To do this requires being prepared!

## PREPARE

#### **BEFORE AN EMERGENCY**

✓ 5 Most
 Important Steps
 ✓ Be Ready!

### 1) Receive Alerts and Notifications

#### **ACALERT** Don't delay, register today!

- Delivers emergency information to your home phone, cell phone and/or email acgov.org/emergencysite
- > IPAWS: WEA, MyShake calalerts.org
- > Nixle (Everbridge) OPD, AC Fire
- Genasys Protect (Zonehaven) new app
- > Twitter, Citizen, Nextdoor, Watch Duty...
- GENOAK 2-way radio network genoak.org

#### **AM/FM/NOAA** Radio Alerts

- Emergency Broadcast News
  - KCBS 740 AM



- KGO 810 AM
- 530 AM (emergencies only)
- FM Stations
  - KQED 88.5 FM
- NOAA Weather



AM/FM/NOAA Radio

Follow all instructions given by police, fire or emergency responders!

### Watches, Warnings and Orders

- Fire Weather Watch: Prepare for Wildfire
- Red Flag Warning: Exercise Caution Be Ready!
- Evacuation Warning: Prepare to Evacuate
- Evacuation Order: Take Action Leave!
- Shelter-in-Place: Go Indoors, Stay Put
- > Oakland Emergency Siren System: Monitor

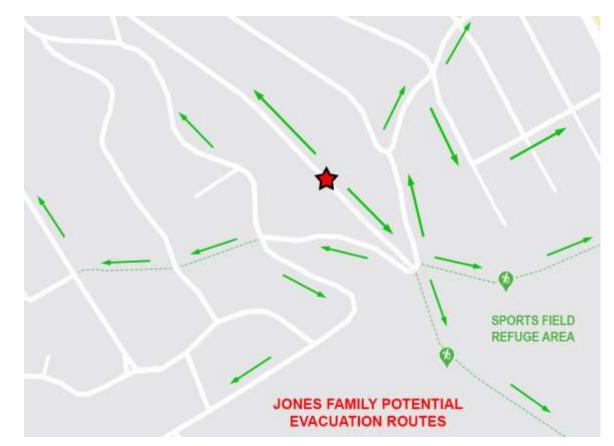
Guide #02 – Notifications and Warnings





### 2) Make a Family Emergency Plan

 Study a map to identify potential evacuation routes in <u>every</u> <u>direction</u>, plus local potential refuge areas



### 2) Make a Family Emergency Plan

- Study a map to identify potential evacuation routes in <u>every</u> <u>direction</u>, plus local potential refuge areas
- Designate meeting locations to reunite with family members, and an out-of-area contact to update
- ✓ Have a checklist of items to quickly grab
- ✓ Know which neighbors may need help, plan to assist
- ✓ Review and practice!

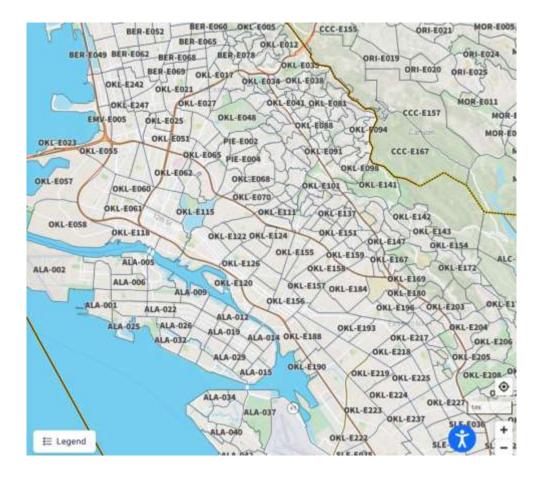


Guide #05 – Emergency Planning

#### 3) Be Ready for an Evacuation

Be able to monitor AC Alert, AM/FM radio, etc, for an evacuation notice, practice "situational awareness"





### 3) Be Ready for an Evacuation

- Be able to monitor AC Alert, AM/FM radio, etc, for an evacuation notice, practice "situational awareness"
- Plan to assist neighbors that need help, and when leaving try to take <u>one vehicle</u> or carpool
- Practice all your possible ways out
- Know that schools will protect children
- Have animal harnesses/carriers/leashes ready
- Keep > ½ tank gas/charge in your vehicle, park facing out
- > Remember to remain as calm as possible





### 4) Build Your Go-Bag to Survive 1 - 2 Days



Build Go-Bags for your home, vehicles and workplace

#### Build Your Stay-Box to Survive a Week+

And a Stay-Box with extra food and water, fire extinguishers, sanitary supplies, camping supplies, etc.



Guide #07 – Evacuation and Go Bag Checklists

### 5) Help Family, Friends and Neighbors

- Build a connected community/organized
   neighborhood to better know and help each other
- Know who may need assistance and have a plan
- Trusted support network
- Alert each other to an emergency (phone tree, d-2-d, texts, radios)
- Encourage everyone to prepare

Address parking and traffic concerns!



Photo: Paul Chinn, The Chronicle

Guide #01 – Neighborhood Organization

# WILDFIRE SAFETY

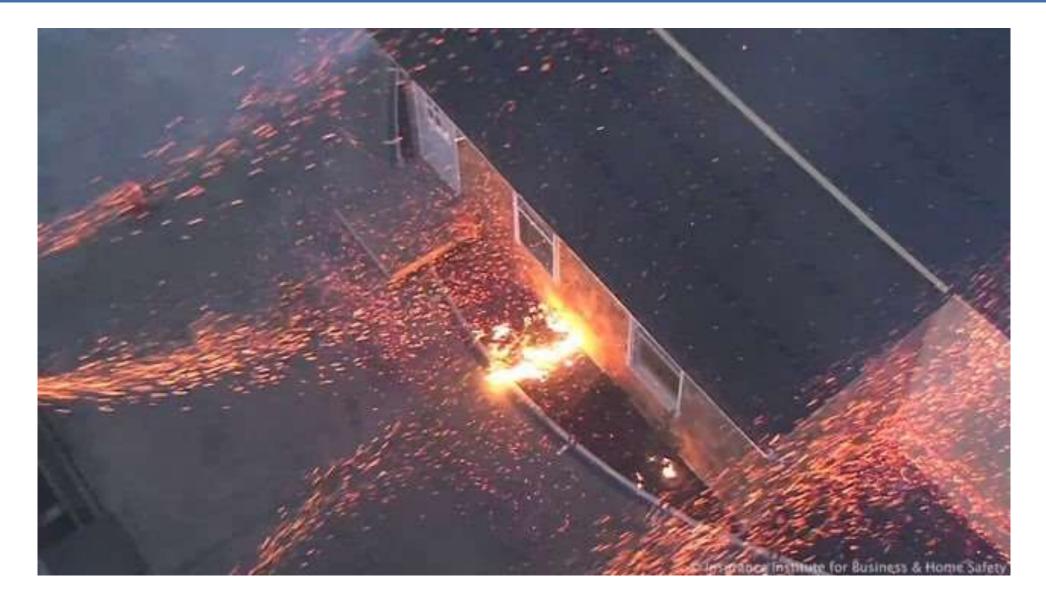
#### ✓ Home Hardening

- ✓ Firewise USA<sup>®</sup>
- ✓ Firescaping
- Red Flag Warnings
- ✓ Power/PSPS

✓ Smoke

### Why Embers are Dangerous!

Insurance Institute for Business & Home Safety



### Harden Your Home Against Fire

# Embers, radiant heat and direct flame contact will ignite structures!

- Create 5' of no combustibles around your home
- Remove flammables on or under porches and decks



Regularly clean roofs and gutters!

- > Install vent screens (1/8" mesh or less) to prevent embers from entering
- Fences should have non-combustible sections next to structures
- > Have functioning smoke/CO detectors and working fire extinguishers
- > Class A rated roof, metal gutters, tempered double-pane windows ideal

#### Guide #09 – Home Hardening for Wildfire

#### Become Firewise USA<sup>®</sup> Recognized

- National Fire Protection Association program
- > Encourages neighbors to work together on wildfire safety
- > May help retain insurance, many companies give a discount
- > Becoming a Firewise USA<sup>®</sup> site is a straight-forward process:
  - 1. Form small committee, create neighborhood assessment and action plan
  - 2. Neighbors invest one volunteer hour per home per year <u>on average</u>
  - 3. Report efforts back to the Firewise USA<sup>®</sup> program



 FIREWISE USA\*

 Residents reducing wildfire risks

Guide #12 – Firewise USA®

### Firescaping – Fire Smart Landscaping

- Proper plant selection, placement and maintenance
- > Start with whatever is in place
- > A carefully Firescaped design will:
  - reduce the chance of ignition



- lower a fire's intensity to help your home survive
- ✓ slow the spread of fire and give you more time to escape
- Plant smart using more fire-resistant plants and trees
- > Use our Firescaping Services and Tools list

Guide #13 – Defensible Space & Landscaping for Fire Safety and Guide #14 – Firesafe Planting Checklist

### Red Flag Watches and Warnings

#### Be extremely cautious and alert during Red Flag Warnings!

- National Weather Service issues RFWs when predicted weather conditions may result in extreme wildfire danger in 24/72 hours
- Strong winds, low humidity, dry vegetation, potential lightning
- > AC Alert, radio/TV, @NWSBayArea, Nextdoor, GENOAK, red flag
- Review family plan and evacuation checklist, have items ready
- > Be prepared to evacuate, consider temporarily relocating
- Don't smoke or use power tools, grills or any potential source of heat or spark outside

### Prepare for Power Outages/PSPS/EPSS

#### Be Ready (note: PSPS typically on RFW days)

- Sign-up at PG&E's Website for notices and info
- Prepare for your own medical needs
- Charge your devices and backup batteries
- Know how to open your garage door manually, consider a garage door opener battery back-up
- Check out alternate backup power sources
- > Know that cell phone service isn't guaranteed!



pge.com

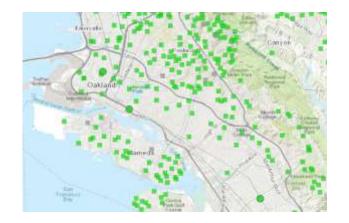


Guide #08 – Power Shutoffs and Guide #20 – Backup Power

#### Prepare for Smoke from Nearby Wildfires

Wildfire smoke can make anyone sick, but people with asthma, Chronic Obstructive Pulmonary Disease (COPD) or heart disease, and children, pregnant women, and responders are especially at risk.

- Monitor air-quality sites (e.g. AirNow)
- ✓ Stay indoors if possible, close off outside air
- Leave if you have trouble breathing
- ✓ Have a good supply of N-95 masks on-hand
- ✓ Air filters/cleaners can help, even home-made
- Monitor to ensure a wildfire isn't approaching





#### Insurance

- Prepare by conducting a home inventory
  - ✓ List all contents in home, garage, etc.
  - ✓ Take videos or photographs



Photo: American Family Insurance

- ✓ Store online, give storage drive to trusted contact
- Ensure you have the right amount and type of insurance
- ✓ NFPA Firewise USA<sup>®</sup> program may help retain insurance
- Work with United Policyholders: uphelp.org

### **Additional Training**

#### **CORE**: Communities of Oakland Respond to Emergencies



**CERT:** Community Emergency Response Team (FEMA)



CERT is the training curriculum for individuals

CORE is an umbrella program that includes volunteer opportunities

oaklandca.gov/topics/oaklandcert

# RESPOND

#### **DURING AN EMERGENCY**

- Be Safe don't
   become part of
   the disaster!
- ✓ Take Action

#### What Should I Do?!



#### If a wildfire approaches

- > Monitor AC Alert, AM/FM radio, GP/ZH, 2-way radio and surroundings
- > Evacuate if ordered, or if you feel unsafe at any time; LEAVE
- Follow your plan and help others in your neighborhood if possible
- When evacuating it's usually best to remain in your vehicle

# RECOVER

#### **AFTER AN EMERGENCY**

# ✓ Be Aware✓ Be Helpful!

#### Evaluate and Be Safe

- Breathe, recompose and check yourself
- Evaluate your family's health
- Wear a mask, gloves, eye protection, sturdy shoes, long sleeves and pants



Check your home for unsafe conditions

Guide #04 – Personal & Family Response During & After a Disaster

### Help Others and Check In

- Provide caring support to others,
   "See the Need, Say the Need"
- Check in with your contacts



- ✓ Get in touch with your out-of-area contact
- ✓ Send text messages during limited cell service
- ✓ Post your status on social media
- City and American Red Cross may open shelters



Guide #19 – Disaster Mental Health and Guide #22 – Emergency Communications

Next Steps!

### Your Next Steps

- 1. Register for AC Alert: acgov.org/emergencysite
- 2. Make a family emergency plan
- 3. Be ready for an evacuation
- 4. Create your Go-Bags/Stay-Box
- 5. Be ready to help others
- ✓ Prepare for RFWs, power outages, etc.

is the resolt important ections that you can take may to held protect your lives and First, view our materials and sign up for a workshop VIEW for Guiden page at: www.conivipredfireautions view or print the topics this you want to learn more about SIGN UP for a L-hour online or to-pursion Personal Emergency Pro mission for your continuity, while addig officeration top 5 recommended steps to prepare yourself, your family and REGISTER for AC Alerta at seven analy one And LEARN shout notifications: Guide #02 - Notifications & Wernings CREATE your energency part dashes 225 - Bo O Limited Then, as you can, work on other preparedness steps that may apply to you, such as OBSTRATE for renew restories and POLY Duble Saluty Dears Shately alde - Public Sefely Power Shatoffs PERFORM spraw bank home transmiss to protect against a velocity ble Spece & Landscaping for Fire Safuta PERFORM some basic forms hardware to protect agents an aarthquake 🕢 🍈 BECOME a Freedow USA" community: Guide #12 - Freedow USA

**Oakland Firesafe Council** 

STEPS TO PREPAREDNESS CHECKLIST

only for a disaster such as a widther, earthquake or flood.

REMEMBER: EACH STEP YOU TAKE, YOU ARE BETTER OFF THAN BEFORE!

- ✓ Harden your home against wildfire and embers
- ✓ Take additional training (CERT) and practice

# And Finally

- Take preparedness steps one at a time
- Anything you do, you are better off than before!
- Review the Guides as well as online sources like LISTOS California, Ready.gov, PG&E, Oakland EMSD
- Encourage your friends and neighbors to prepare
- Reach out to us with any questions



#### **Oakland Firesafe Council Preparedness**

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oaklandfiresafecouncil.org genoak.org **ØAKLAND** FIRESAFE COUNCIL