

Preparedness: The Path to Safety



Personal Emergency Preparedness (PEP) Workshop

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Oakland Firesafe Council

PEP Workshop

Covers most important steps to take:

- 1) Receive alerts and notifications
- 2) Make a family emergency plan
- 3) Understand evacuations/Zonehaven
- 4) Build Go-Bags/Stay-Box
- 5) Be able to help family, neighbors and friends



All information is online on our site:

oaklandfiresafecouncil.org

Detailed Guides are Available!

oaklandfiresafecouncil.org/prepare

English

OAKLAND
FIRESAFE
COUNCIL

HOME ABOUT US **PREPARE** PROGRAMS RESOURCES EVENTS DONATE

Prepare

- Preparedness Overview +
- Preparedness Guides** +
- FREE Personal Emergency Preparedness (PEP) Workshop +
- Resources in Multiple Languages and for Special Considerations +

Get the Oakland Firesafe Council Newsletter **SUBSCRIBE**

Oakland Firesafe Council

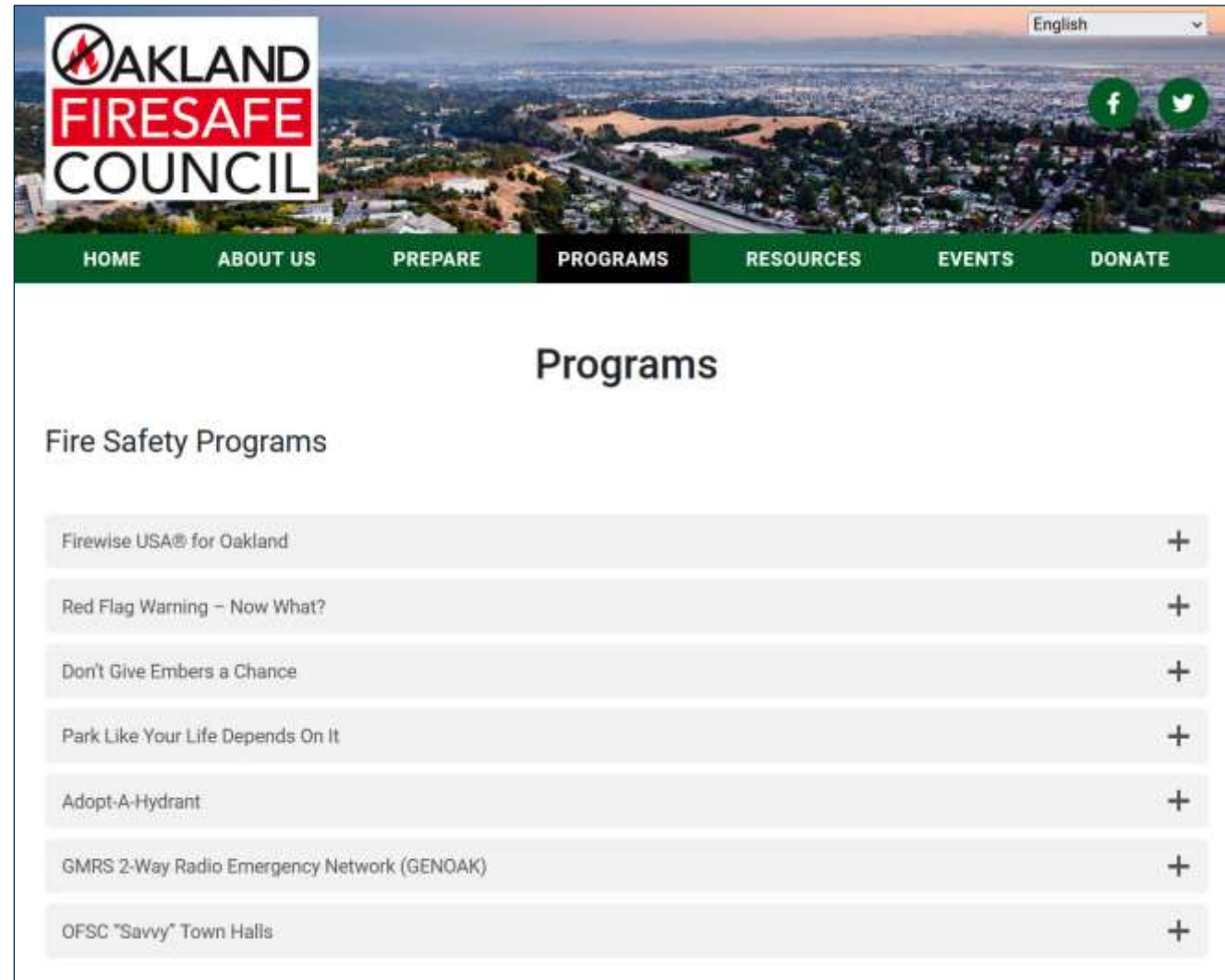
Preparedness Guides

The Guides below will help you better prepare for and respond to a disaster – click to view or download

- Preparedness Checklist**
Steps to mark your progress in taking the most important actions to be prepared, detailed in the Guides below.
- Evacuation Guidelines**
Information to help you prepare for and respond to an emergency evacuation order.
- Guide #01
Neighborhood Organization**
Learn how to organize your neighborhood to prepare for emergencies and to build stronger communities.
- Guide #02
Notifications & Warnings**
Understand AC Alert and other local emergency notifications. Learn about Red Flag Warnings and how to respond to them.
- Guide #03
Personal & Family Preparedness BEFORE a Disaster**
Prepare yourself and your family before a disaster occurs by performing small, manageable actions.
- Guide #04
Personal & Family Response AFTER a Disaster**
Know how best to respond during a disaster, and how to recover afterwards.
- Guide #05
Emergency Planning**
Understand how to create an emergency
- Guide #06
Emergency Evacuations**
Review evacuation terminology, critical

Firesafe Council Fire Safety Programs

oaklandfiresafecouncil.org/programs



English

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Programs

Fire Safety Programs

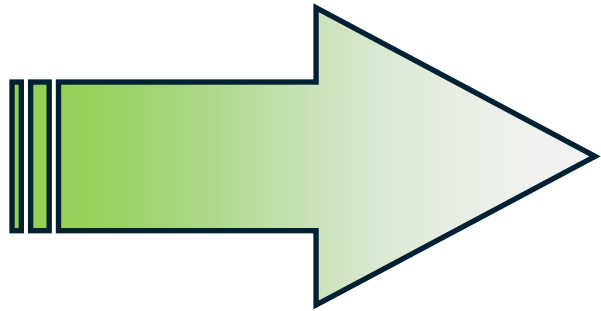
- Firewise USA® for Oakland +
- Red Flag Warning – Now What? +
- Don't Give Embers a Chance +
- Park Like Your Life Depends On It +
- Adopt-A-Hydrant +
- GMRS 2-Way Radio Emergency Network (GENOAK) +
- OFSC "Savvy" Town Halls +

Workshop Focus

- ✓ Why we need to prepare
- ✓ How to prepare (5 most important steps)
- ✓ How to respond
- ✓ How to recover
- ✓ Actions to take

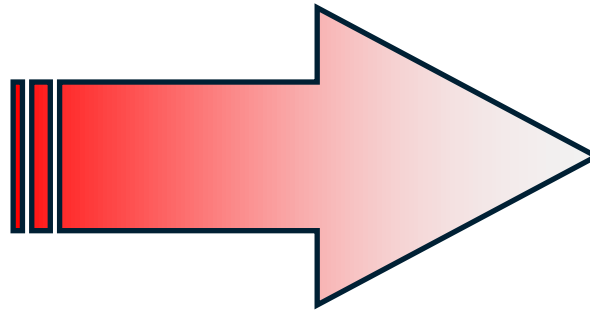
Process Flow

Organize and Prepare



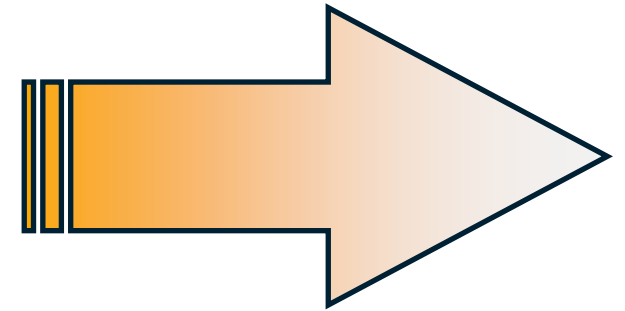
Before an
Emergency

Respond



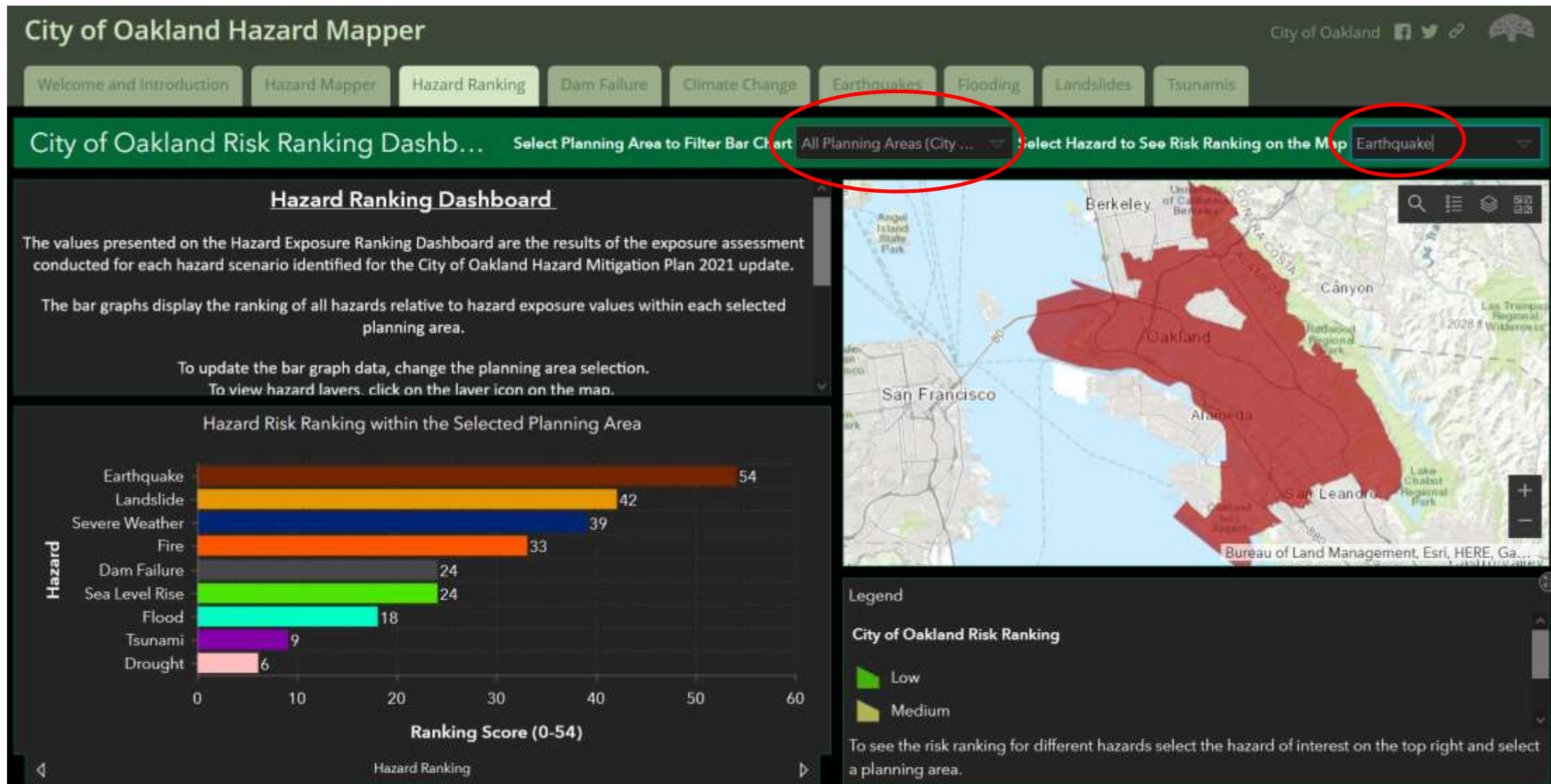
During an
Emergency

Recover



After an
Emergency

Oakland Hazard Map



We Respond First*

“We are the help until
help arrives”

* However, most of us are **not**
First Responder professionals!

We need to be able to care
for ourselves, our families
and our neighbors for
several days, as first
responders will likely be
engaged elsewhere.

To do this requires being
prepared!

PREPARE

BEFORE AN EMERGENCY

- ✓ **5 Most Important Steps**
- ✓ **Be Ready!**

1) Receive Alerts and Notifications



**Don't delay,
register today!**

- Delivers emergency information to your home phone, cell phone and/or email
acgov.org/emergencysite
- IPAWS: WEA, MyShake – calalerts.org
- Nixle (Everbridge) – OPD, AC Fire...
- Zonehaven
- Twitter, Citizen, Nextdoor, Watch Duty...
- GENOAK 2-way radio network
genoak.org

AM/FM/NOAA Radio Alerts

- Emergency Broadcast News
 - **KCBS - 740 AM**
 - KGO - 810 AM
 - 530 AM (emergencies only)
- FM Stations
 - **KQED - 88.5 FM**
- NOAA Weather



AM/FM/NOAA Radio

Follow all instructions given by police, fire or emergency responders!

Watches, Warnings and Orders

- Fire Weather Watch: Prepare for Wildfire
- Red Flag Warning: **Exercise Caution – Be Ready!**

- Evacuation Warning: Prepare to Evacuate
- Evacuation Order: **Take Action – Leave!**

- Shelter-in-Place: Stay Put

- Oakland Emergency Siren System: Monitor



2) Make a Family Emergency Plan

- ✓ Study a map to identify potential evacuation routes in every direction, plus local potential refuge areas



2) Make a Family Emergency Plan

- ✓ Study a map to identify potential evacuation routes in every direction, plus local potential refuge areas
- ✓ Designate meeting locations to reunite with family members, and an out-of-area contact to update
- ✓ Have a checklist of items to quickly grab
- ✓ Know which neighbors may need help, plan to assist
- ✓ Review and practice!

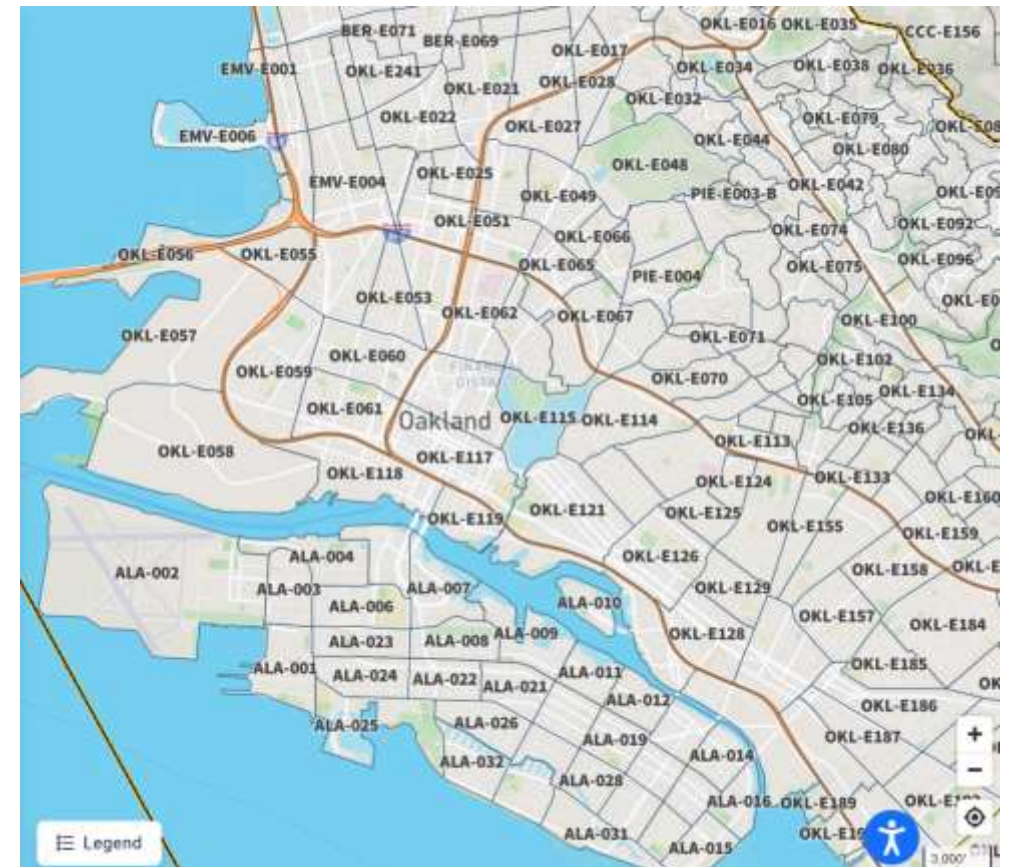


3) Prepare for Evacuations/Zonehaven

- Be able to monitor AC Alert, AM/FM radio, etc, for an evacuation notice, practice “situational awareness”

KNOW YOUR
Z  **NE**

aware.zonehaven.com



3) Prepare for Evacuations/Zonehaven

- Be able to monitor AC Alert, AM/FM radio, etc, for an evacuation notice, practice “situational awareness”
- Plan to assist neighbors that need help, and when leaving try to take one vehicle or carpool
- Practice all your possible ways out
- Know that schools will protect children
- Have animal harnesses/carriers/leashes ready
- Keep > ½ tank gas/charge in your vehicle, park facing out
- Remember to remain as calm as possible



4) Build Your Go-Bag to Survive 1 - 2 Days

GO-BAG BASICS

YOU CAN USE A BACKPACK, GYM BAG, SHOPPING BAG, ETC.

FIRST AID
PPE



TOILETRIES



TECH EQUIPMENT
HEADLAMP, BATTERIES



CLOTHING



SPARE GLASSES
EXTRA MEDS



WATER
FOOD



EMERGENCY CONTACTS LIST



Build Go-Bags for
your home,
vehicles
and workplace

Build Your Stay-Box to Survive a Week+

And a Stay-Box with extra food and water, fire extinguishers, sanitary supplies, camping supplies, etc.



5) Help Family, Friends and Neighbors

- ✓ Build a connected community/organized neighborhood to better know and help each other
- ✓ Know who may need assistance and have a plan
- ✓ Trusted support network
- ✓ Alert each other to an emergency (phone tree, d-2-d, texts, radios)
- ✓ Encourage everyone to prepare

Address parking and traffic concerns!



Photo: Bloomberg.com

Why Embers are Dangerous!

Insurance Institute for Business & Home Safety



Harden Your Home Against Fire

Embers, radiant heat and direct flame contact will ignite structures!

- Create 5' of no combustibles around your home
- Remove flammables on or under porches and decks
- Install vent screens (1/8" mesh or less) to prevent embers from entering
- Fences should have non-combustible sections next to structures
- Have functioning smoke/CO detectors and working fire extinguishers
- Class A rated roof, metal gutters, tempered double-pane windows ideal



Regularly clean roofs and gutters!

Become Firewise USA® Recognized

- National Fire Protection Association program
- Encourages neighbors to work together on wildfire safety
- May help retain insurance, many companies give a discount
- Becoming a Firewise USA® site is a straight-forward process:
 1. Form small committee, create neighborhood assessment and action plan
 2. Neighbors invest one volunteer hour per home per year on average
 3. Report efforts back to the Firewise USA® program

[nfpa.org](https://www.nfpa.org)



FIREWISE USA®
Residents reducing wildfire risks

Harden Your Home Against Earthquake

Minimize structural and non-structural hazards inside and outside your home!

- Secure appliances, bookshelves, water heater, etc.
- Install safety latches on cabinets
- Have chimneys inspected
- Label utility shut-offs, consider an Auto (Seismic) Gas Shutoff Valve
- Have your home inspected by a contractor or engineer certified in seismic work and consider recommended seismic upgrades



Photo: Joe Pugliese / Los Angeles Times

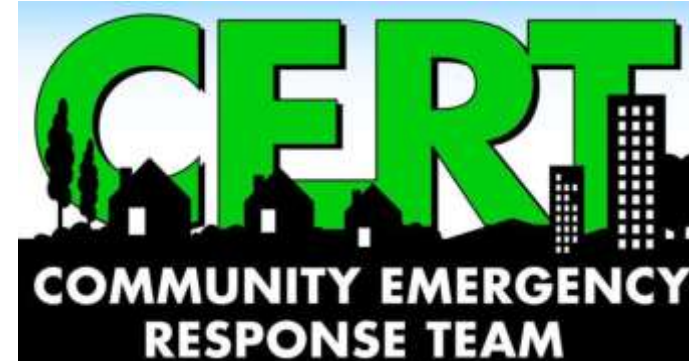
Additional Training

CORE: Communities of Oakland
Respond to Emergencies



CORE is an umbrella program that includes volunteer opportunities

CERT: Community Emergency
Response Team (FEMA)



CERT is the training curriculum for individuals

oaklandca.gov/topics/oaklandcert

RESPOND

DURING AN EMERGENCY

- ✓ **Be Safe – don't become part of the disaster!**
- ✓ **Take Action**

What Should I Do?!



If a fire or flood approaches

- Monitor AC Alert, AM/FM radio, ZH, 2-way radio and surroundings
- **Evacuate if ordered, or if you feel unsafe at any time; LEAVE**
- Follow your plan and help others in your neighborhood if possible
- When evacuating it's usually best to remain in your vehicle

What Should I Do?!



What **3 steps** should you take when a major earthquake occurs and the ground is shaking?

What Should I Do?!



After the shaking is over

- Check yourself, family and home, go outside if home is damaged
- Monitor surroundings, watch for fires, expect aftershocks
- Help others in your neighborhood
- You may not need to evacuate (unless ordered or if you feel unsafe)

RECOVER

AFTER AN EMERGENCY

- ✓ **Be Aware**
- ✓ **Be Helpful!**

Evaluate and Be Safe

- ✓ Breathe, recompose and check yourself
- ✓ Evaluate your family's health
- ✓ Wear a mask, gloves, eye protection, sturdy shoes, long sleeves and pants
- ✓ Check your home for unsafe conditions



Help Others and Check In

- ✓ Provide caring support to others, “See the Need, Say the Need”
- ✓ Check in with your contacts
 - ✓ Get in touch with your out-of-area contact
 - ✓ Send text messages during limited cell service
 - ✓ Post your status on social media
- ✓ City and American Red Cross may open shelters



Next Steps!

Your Next Steps

1. Register for AC Alert: [acgov.org/emergencysite](https://www.acgov.org/emergencysite)
 2. Make a family emergency plan
 3. Understand evacuations/Zonehaven
 4. Create your Go-Bags/Stay-Box
 5. Be ready to help others
- ✓ Prepare for power outages, pets, etc.
 - ✓ Harden your home against wildfire/earthquake/flood
 - ✓ Take additional training (CERT) and practice



And Finally

Take preparedness steps one at a time

Anything you do, you are better off than before!

Review the Guides as well as online sources

like LISTOS California, Ready.gov, PG&E, Oakland EMSD

Encourage your friends and neighbors to prepare

Reach out to us with any questions

Contact Us

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genoak.org

